



# Support Services for Gloucestershire

## Essential contacts and support

**For medical emergencies, always dial 999 first.**

### Age UK Gloucestershire

**☎ 01452 422 660**

Comprehensive support services for older adults including advice, information, and practical help.

### Attendance Allowance

**☎ 0800 731 0122**

Call to request a form for attendance allowance benefits for help filling in the form, contact Age UK Gloucestershire or your local Citizens Advice Bureau.

 *You can also find the form online at [Gov.uk/Attendance-Allowance](https://www.gov.uk/attendance-allowance)*

### Blue Badge

**☎ 01242 532 302**

Disabled Parking permits and applications.

 *This can also be done online - search "Blue badge" on Google*

### Careline

**☎ 01453 766 321**

Emergency pendant alarms and personal safety monitoring services.

### Carers Hub

**☎ 0300 111 9000**

Dedicated support for unpaid carers throughout Gloucestershire.

### Citizens Advice Bureau

**☎ 0808 800 0510**

**☎ 0808 800 0511**

 *Monday & Tuesday: 10am-4pm*

 *Wednesday & Thursday: 10am-12:30pm*

*If no answer, leave your name and number for a callback.*

Free, independent advice on legal, financial, and consumer issues.

### Fire Safety Checks

**☎ 0800 180 4140**

Free smoke alarms installation and home safety checks.

### Insight Gloucestershire

**☎ 01242 221 170**

Practical and emotional support for people with sight loss and blindness.

### Gloucestershire Deaf Association

**☎ 01452 372 999**

Practical and emotional support for people who are hard of hearing, deaf, or deafened.

### Your Circle - Website

 [www.yourcircle.org.uk](https://www.yourcircle.org.uk)

Gloucestershire's online community directory. Connecting you to Wellbeing and Support service local to you.

### Keep this leaflet handy for future reference

All services are designed to support Gloucestershire residents.

**Tip: Save important numbers in your phone contacts**